



Meet the Sea

Education & Entertainment at Sea

SEA RETREAT SUMMARY

Executive Leadership Immersions in Ibiza

Sea Retreats are curated executive offsites designed for leadership teams seeking a more effective alternative to the traditional corporate retreat or incentive trip.

Hosted in Ibiza and shaped by the Mediterranean Sea, each Sea Retreat integrates leadership development, sustainability in practice, wellbeing and cultural immersion within a single coherent framework.

This is not a collection of activities. It is a transformational journey built around one unifying element: the sea.

As presented on our website, the sea of Ibiza is not treated as a backdrop. It is a strategic partner in your experience.

We host a limited number of Sea Retreats per season.

Why the Sea Changes Leadership Work

Most corporate offsites rely primarily on discussion. Sea Retreats rely on environment.

The Mediterranean setting shifts the quality of engagement in three essential ways:

Perspective

Open horizons and physical immersion create distance from routine, allowing strategic clarity to emerge.

Responsibility

Direct engagement with marine ecosystems — including protected reserves and Posidonia oceanica meadows — anchors sustainability and ESG values in lived experience rather than abstract policy.

Cohesion

Shared encounters with challenge and natural beauty create emotional reference points that strengthen team alignment.

Every Sea Retreat integrates four intentionally connected themes:

- Sea sports
- Biodiversity exploration
- Sea & Mind wellbeing
- Cultural immersion

These are not separate modules. They are unified through the sea as connector.

The Sea Retreat Architecture

Each Sea Retreat is tailored to your organisation. Rather than following a rigid sequence, the experience is designed around three interconnected dimensions:

Decompression & Realignment

Creating distance from routine and restoring clarity through guided marine engagement.

Sustainability in Practice

Transforming environmental responsibility from concept into direct experience through interaction with protected marine ecosystems.

Reflection & Perspective

Research-informed Sea & Mind sessions and structured integration moments that consolidate insight and strategic focus.

The sea connects these dimensions throughout the retreat.

Scope & Format

Sea Retreats are fully private and exclusive to your organisation.

Typical formats include:

- 2-Day Executive Reset
- 3-Day Leadership Immersion
- 4–5 Day Strategic Sea Retreat

Group size: 8–40 participants

Duration: 2–5 days

Investment: €400–€1500 per person per day

All logistics, safety protocols and accommodation coordination are professionally managed.

Detailed sequencing and experience design are shared following consultation.

Leadership & Operational Integrity

Sea Retreats are designed and hosted by Gregorio Cañellas, founder of Meet the Sea .

With a background in international finance and leadership environments in New York and London, combined with lifelong experience at sea, Gregorio bridges executive performance insight with marine immersion.

Each retreat is supported by certified STCW crew, professional instructors and structured safety protocols.

Operational excellence and participant safety are fundamental.

Begin the Conversation

Every organisation arrives with distinct objectives and dynamics.

To receive and explore the full **Sea Retreat Experience Portfolio** and begin designing your 2–5 day immersion, please send us an email requesting it!

info@meetthesea.com